

Astley CE School

This is an active school report card for the group:
Whole School

Date: 23/07/2019

Congratulations on completing your recent review of physical activity levels in your school. Below are the details of your review as well as the guidance and actions you have decided to work on in order to increase activity levels for the group above in your school

Inactive: All, or almost all, of the time is spent sitting down

Little activity: Sitting down might be broken up with short bursts of activity. Pupils will spend some working time standing up and moving around the teaching space

Some activity: There will be some deliberate, planned movement and physical activity built into the session

High activity: There will be significant periods of physical activity that are planned and built into the session for all pupils

Active School Review

ACTIVITY	TIMINGS	MON	TUE	WED	THU	FRI
Before School	08:45 - 08:55	Playground games	Playground games	Playground games	Playground games	Playground games
Lesson	08:55 - 09:25	Classroom based register KS1 start of day movement activities. Lead into assembly.	Classroom based register KS1 start of day movement activities.	Classroom based register KS1 start of day movement activities.	Classroom based register KS1 start of day movement activities.	Classroom based register KS1 start of day movement activities.
Lesson	09:25 - 09:55	Guided reading sessions throughout the school	Guided reading sessions throughout the school	Guided reading sessions throughout the school	Guided reading sessions throughout the school	Guided reading sessions throughout the school
Break	10:00 - 10:15	Play leader sessions and netball and football.	Play leader sessions and netball and football.	Play leader sessions and netball and football.	Play leader sessions and netball and football.	Play leader sessions and netball and football.
Lesson	10:15 - 11:00	Class based with some movement around the classroom.	Class based with some movement around the classroom.	Class based with some movement around the classroom.	Class based with some movement around the classroom.	Class based with some movement around the classroom.
Lesson	11:00 - 11:15	Times vary between classes but we have a physical activity to break up lessons and refresh the pupil	Times vary between classes but we have a physical activity to break up lessons and refresh the pupil	Times vary between classes but we have a physical activity to break up lessons and refresh the pupil	Times vary between classes but we have a physical activity to break up lessons and refresh the pupil	Times vary between classes but we have a physical activity to break up lessons and refresh the pupil
Lesson	11:15 - 12:10	Class based lessons with some movement. Lots more in lower KS 1.	Class based lessons with some movement. Lots more in lower KS 1.	Class based lessons with some movement. Lots more in lower KS 1.	Class based lessons with some movement. Lots more in lower KS 1.	Class based lessons with some movement. Lots more in lower KS 1.
Lunchtime	12:10 - 13:05	Football, netball and some play leader and club sessions during lunch break.	Football, netball and some play leader and club sessions during lunch break.	Football, netball and some play leader and club sessions during lunch break.	Football, netball and some play leader and club sessions during lunch break.	Football, netball and some play leader and club sessions during lunch break.
Lesson	13:05 - 15:15	KS 1 SPORTS	KS 2 PE - Dance/gymnastics	KS2 SPORTS	KS1 FOREST SCHOOL	KS 1 AND KS 2 SWIMMING/KS 1 PE
Lesson	13:05 - 15:15	KS1 SPORTS	KS2 PE - Dance/gymnastics	KS 2 SPORTS	KS1 FOREST SCHOOL	KS 1 AND KS 2 SWIMMING / KS 1 PE.
After School	15:20 - 16:20	KS1 SPORTS AND KS 2 CLUSTER CLUBS AT THE CHANTRY	MUSICAL THEATER CLUB Based very much around movement and dance to musicals	KS 2 SPORTS CLUB	COOKERY CLUB TO DEVELOP HEALTHY EATING HABITS	UPPER KS 2 DRAMA CLUB

School Guidance

After completing this review we can see how well you are building activity across your school day:

Activities Before School

You appear to have a well-planned offer of activities before school. Here are some suggestions to make your provision even more comprehensive.

Good Luck! If you need any further support please contact your local School Games Organiser

Active Classrooms	You already appear to make your lessons quite physically active. Here are some suggestions from other schools who have used increased physical activity to have a real impact on the quality of teaching and learning.
Activities at Break Times	You already sees the value of providing structured activities at break times and have a strong programme. Here are some suggestions that could increase its impact even more.
Activities at Lunch Times	You already seem to have a very thorough and strategic approach to your lunch time activity and competition offer. These suggestions may help in making it even more impressive.
Activities After School	You already appear to have a very wide offer of clubs and competitions after school. Here are some suggestions that might help strengthen that offer even more.

Actions

The actions you would like to take are:
